

THE CONSCIOUS MUSCLE MISSION

Simply put, our mission at Conscious Muscle Supplements is to leave this world a better place than the one we were born into. We believe our best hope for this is veganism in all of its facets, including the world of supplements. We do this for health, global sustainability, and last but not least, for the animals—we are vegan for everything! We are doing our part by bringing you the highest quality supplements available in a sustainable and cruelty-free manner. Our aim is to make the world of mainstream supplements cruelty-free, and we are able to do so with your support!

AS ALWAYS, 10% OF OUR PROFITS GO TO ANIMAL SANCTUARIES AND RESCUES.

With the Conscious Muscle Donation Program, we have donated thousands of dollars over the last year with your help—and we have no plans on slowing down! Additionally, a large portion of our profits go to our private animal sanctuary, where we personally rescue and care for abused animals.

WHY PLANT PROTEIN?

With this protein blend, you are quite literally getting a complete and abundant amino acid profile with nothing lacking, compared to traditional animal-based/whey protein. The only thing you are not getting are the carcinogens, cholesterol and cruelty associated with traditional animal-based supplements/powders.

A FEW POINTS ABOUT OUR PROTEIN:

- 100% non-GMO protein blend
- Easily digested for optimal bioavailability
- Helps maintain and build lean muscle — perfect for your post workout shake and can be used for meal replacements
- Provides an abundance of all essential amino acids — helping you refuel while preventing muscle breakdown
- Low in fat and sodium
- Naturally cholesterol free



PROTEIN

VEGAN VANILLA

DIETARY SUPPLEMENT | NET WT. 2 LBS (930G)



Recommended Use: Take 1 serving (1 scoop) with 10–12 ounces of chilled water in a shaker cup or blender and mix thoroughly. Consume 1–3 shakes daily or as recommended by a fitness consultant. Take first shake in the morning, the second in the afternoon or before working out, and the third shake after your workout or in the evening.

Supplement Facts

30 servings per container

Serving size **1 scoop (31g)**

Amount Per Serving
Calories 110

% Daily Value*

Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Potassium 23mg	45%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 21g	42%

All-Natural Plant Blend 26,000mg

- Pea Protein Isolate
- Brown Rice Protein
- Quinoa Powder
- Spirulina
- Amaranth Powder
- Artichoke Powder

BCAA & Glutamine

Alanine	890mg
Arginine	1800mg
Aspartic Acid	2300mg
Cysteine	260mg
Glutamine	3350mg
Histidine	1090mg
Isoleucine	1070mg
Leucine	1400mg
Lysine	2090mg
Methionine	1500mg
Phenylalanine	290mg
Proline	290mg
Serine	1100mg
Threonine	880mg
Tryptophan	985mg
Tyrosine	740mg
Valine	190mg

These added Aminos support muscle strength and recovery.

Other Ingredients: Natural Flavors, Stevia Extract, Xanthan Gum.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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